

What support will there be for the overall well-being of my child?

Emotional well-being is at the core of our values and beliefs in supporting children to achieve their full potential. Our behaviour approaches and strategies have supported children to minimise anxiety and increase children's ability to thrive and enjoy learning.

All children are given the opportunity to discuss any concerns or worries they have with our school learning mentor. This is referred to as talk time and is offered to Key Stage 2 children. All children are encouraged to trust safe adults in school and to discuss any worries or concerns they have. We offer children 'build-me-up' sessions to increase resilience and to develop positive mental health. We have 'Casey the Caterpillar time' which is an opportunity for the children to learn about the feelings they have and to develop the emotional literacy they will require moving to middle school and beyond. All children in the school have their name on the petal of a flower in their class room and the children are encouraged to change their caterpillar to suit the feeling they are experiencing. An adult will then talk to the children about their feelings.

