

Pupil Voice: Year 4:

What does the 2021 CBC Health and Wellbeing Survey say about our pupils?

Taking ownership

If at first they don't succeed the majority of pupils said they:

- Keep on trying until I do (73%)
- Have another go

No child said they would "blame someone else"!

87% said that if something went wrong "I learn from it for next time". With the least popular response being to "get angry and lash out or kick off".

Anti-bullying

Between 93-100% said that the school

- Had clear rules about bullying
- Had people to talk to about bullying
- Always did something if bullying happens
- Had lessons about avoiding/dealing with bullying
- Told them to report when other people are bullied
- Had a plan to stop bullying
- Shared the plan with pupils
- Took pupils' views about the plan seriously.

Physical exercise

93% of pupils exercised enough to breath harder on at least 4 days in the week before the survey

Significantly better than other CBC schools

Drank more water; had at least 5 portions of fruit and veg; had enough sleep; had fewer negative behaviours

After School

64% of pupils read a book for enjoyment after school on the day before the survey.

Personality

93-100% said they would like to be

- Friendly
- Hard worker
- Kind
- Brave

Resilience and problem solving

The majority of our pupils responded that **when they have a problem or feel stressed they mostly:**

- Talked to someone in their family
- Talked to a teacher
- Rest or slept more, or played a computer game.

These answers were significantly more positive than the CBC average. Far fewer than average said they would eat less or lash out as a result of worrying.

Dental Hygiene: The number of pupils who have visited the dentist in the last 6 months has improved and is now above CBC average!