

PSHE at Thomas Johnson Lower School



Dream

Our PSHE educations equips children to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices - and achieve economic wellbeing.

Discover

Children are given opportunities to reflect on and clarify their own views and attitudes. They will explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

There will be opportunities for whole school celebrations, charitable events, visitors and trips to interest, enthuse and motivate children.

Our PSHE Curriculum offers both explicit and implicit learning opportunities and experiences which reflect children's increasing independence, and physical and social awareness as they move through the school. PSHE builds on knowledge and skill to develop effective relationships, take greater personal responsibility, and manage personal safety including online. It will help children cope with the changes at puberty, introduce them to a wider world and enables them to make an active contribution to their communities.

Flourish

Powerful moments will be planned throughout the year so children are inspired to learn and take action on issues they feel passionate about.

Children will have opportunities to voice their opinions and discuss topical issues. They will be encouraged to challenge, risk take and develop resilience. Children will be taught how to articulate their thoughts and feelings about the decisions they make.



Sequencing of Content

The TJLS PSHE Curriculum Overview ensures the 3 core themes of Health and Wellbeing, Relationships and Living in the Wider World are taught.

Pre-requisite knowledge is considered and linked to new learning. We introduce new and more challenging learning, building on what has gone before.



Big Ideas

- Identity
- Relationships
- · A healthy and balanced lifestyle
- Risk and safety
- Diversity and equality
- Rights, responsibilities and consent
- Change and resilience
- Power
- Career



Deepening of Content

We deepen concepts by exploring:

- Keeping/staying safe and healthy
- Growing and changing
- Relationships
- · Being responsible
- Feelings and emotions
- Online safety
- Our world
- The working world
- · A world without judgement
- Hazard watch
- Fire safety



Retrieval Practice

Children take part in regular retrieval practice activities.

Children will have opportunities to hold discussions throughout each module, building on knowledge, understanding and vocabulary.

Children will have mini module evaluation assessments - and knowledge organisers are utilised.